

Screening for hypertension

1. Who should be screened?

All adults attending the health facility.

2. Important to note

Many patients with with raised blood pressure will not present with symptoms. Raised blood pressure increases the chance of developing cardiovascular disease and contributes to the complications due to type 2 diabetes.

3. How to screen

Blood pressure is measured using a blood pressure machine.

It is important that the blood pressure is taken after the patient has been sitting for 5 minutes.

